

• HELSINKI **Nordic Oddity**







Pamper, indulge and enjoy yourself with luxury experiences.

Inexpensive and creative ways to see the city through the eyes of the locals.

INTRODUCTION & SYMBOLS

Nordic Oddity is a 24-hour-guide for open-minded individuals looking for unique experiences in Helsinki. Introducing the most interesting places and coolest happenings in the city, Nordic Oddity is a way to an alternative adventure. It embraces information on where to explore, enjoy and ease off - be it shopping, the extraordinary, luxuries, locals, urban legends or the vibrant nightlife one is after. It's like one's best friend from Helsinki guiding you through the multidimensional urban culture.

Shopping



Sights&activities



Bars&clubs



Eat&Enjoy



Culture&events



Ferry&waterbus







08:00-12:00 BREAKFAST & BRUNCH

BRUNCH AT SILTANEN

On weekends from 11am to 4pm you can enjoy brunch at Siltanen, the trendiest restaurant in Kallio district. Select from four brunch menus: Berlin Brunch, Buddha Brunch, NYC Brunch and Waffle Brunch. In summertime you can eat outside on the sunny terrace away from the traffic. Siltanen also serves lunch all day long and plays club music in the evenings.

Hämeentie 13 B, www.siltanen.org

2 Brunch at Pacifico

Situated in the heart of Kallio, Pacifico serves a generous and inexpensive

brunch buffet on weekends, and vegetarians are not overlooked. The restaurant itself has a romantically casual look, and the food is delicious, so you are bound to enjoy yourself. In the evenings Pacifico also serves a wide range of drinks, including strawberry margaritas that will carry you away. Helsinginkatu 15, www.pacifico.fi

BREAKFAST IS ALWAYS BETTER ON THE OTHER SIDE OF THE FENCE?

If you want to test what kind of breakfast the hotel next door serves, go right ahead. In Helsinki you can enjoy hotel breakfasts without having to stay at the hotel in question. Just let the hotel staff at reception know before you dig into the buffet! The design hotel Klaus K serves particularly stylish breakfasts, while Hotel Kämp lets you enjoy breakfast in historic surroundings. For a unique breakfast experience, try the hotel BW Katajanokka, a former prison in Katajanokka district!

- 3 Hotel Kämp, Pohjoisesplanadi 29, www.hotelkamp.fi
- 4 Hotel Klaus K, Bulevardi 2-4, www.klauskhotel.com
- 5 BW Katajanokka, Merikasarminkatu 1 a, www.bwkatajanokka.fi

BRUNCH BESIDE TÖÖLÖNLAHTI BAY

Enjoy a luxurious Scandinavian brunch alongside the beautiful Töölönlahti Bay at the restaurant Töölönranta. Help yourself to starters and desserts from the generous buffet, while main courses are served to your table. Top it all off with a glass of sparkling wine! This brunch experience is made all the more special by the splendid views over the bay, both in summertime and wintertime.

Helsinginkatu 56, www.toolonranta.fi

2 ALIA IN MUSTIKKAMAA

For the finest brunch in town, head for Mustikkamaa just a short bus ride from the city centre. The exquisite food is enhanced by the beautiful villa milieu with its sunny verandas. Mustikkamaa ("Blueberry Field") is an island from which you can also get to Helsinki Zoo on the neighbouring island of Korkeasaari. Although Mustikkamaa was originally named after the blue shades of its granite rocks, blueberries can also be freely picked on the island.

Take Bus 11 directly from Railway Square to Mustikkamaa Mustikkamaankuja 1, www.alia.fi

3 Luxury breakfast at Café Villipuutarha

The "wild garden" café is like a tiny oasis in the city. Here you can relax and forget the hustle and bustle outside the small and cosy café. You can also buy about everything you see in the café (decoration, clothes etc.). The luxury breakfast is definitely worth trying, just remember to reserve a table in advance!

Kaarlenkatu 13. www.villipuutarha.fi

COFFEE IN HAKANIEMI MARKET OR MARKET SQUARE

Enjoy affordable morning coffees in town at Hakaniemi Market or Market Square. Try also the delicious cinnamon rolls. You can enjoy the market atmosphere throughout the year. On weekends the lively atmosphere also includes accordion music. After breakfast you can visit the historic market halls. Hakaniemi Market Hall and the Old Market Hall both open at 8am. The easiest way to get to Hakaniemi is by metro or tram.

- Hakaniemi Market Hall,
 Hakaniemen torikatu,
 www.hakaniemenkauppahalli.fi
- Old Market Hall, Eteläranta, www.wanhakauppahalli.com

3 Cafe Regatta beside the sea

Imagine a small red cottage beside the sea. The lovely aroma of coffee and freshly baked buns wafts out of the cottage. If it is summer, the sun is shining soothingly on the tables in the garden, while a warm breeze blows off the sea in front of you. If it is winter, the sun reflects brightly off the snow and ice, while the wind feeds the flames in the fire as you wrap up warmly in a blanket and enjoy a nice warm drink. It's a nice image, and one that you can experience for real at Cafe Regatta, a seaside café in Töölö that is worth looking for. Although the café itself is tiny, you can sit outside all

year round. Here you can really enjoy a long breakfast, as you get 5 cents back for every extra free cup of coffee that you order – so the more you drink, the more money you save! Credit cards are not accepted.

Merikannontie 10

Espresso Edge

This colourful and lively café in Kruununhaka serves a mini breakfast that is light on your wallet but plenty for your tummy. The small café is an ideal place to sit and watch the passersby. After breakfast you can pop into the Orthodox icon shop Tuohus next door. Espresso Edge, Liisankatu 29

Tuohus-Valamo monastery shop, Liisankatu 29

08:00-12:00 ACTIVITIES



6 MORNING IN ARABIANRANTA

Pick up a copy of the Arabianranta art map from Tourist Information and jump aboard the number 6 tram. Enjoy all the art in the Arabia district and admire the traditional buildings at Annala Manor. You can eat lunch at the restaurant Dylan and drink coffee at the Café inside the Arabia Centre. Visit the Arabia Museum and shop in the littala Outlet. Such a perfect day, I'm glad that I spent it at Arabia!

 Helsinki City Tourist Information, Pohjoisesplanadi 19, www.visithelsinki.fi Dylan, Hämeentie 135B, www.dylan.fi/arabia Arabia Museum and Gallery, Hämeentie 135, www.arabiamuseo.fi littala Outlet, Hämeentie 135, www.iittalaoutlet.fi



ISLAND HOPPING

A great way to spend a summer's or winter's day is to jump aboard the ferry from Kaivopuisto to Pihlajasaari, Uunisaari or from the Market Square to Suomenlinna just off the coast of Helsinki. Helsinki has many small island paradises where you can enjoy the sea, smooth granite rocks and sandy

beaches in the summertime.



SÖDERSKÄR LIGHT HOUSE

Approximately two hours from Helsinki by ferry is the impressive Söderskär Lighthouse. The breathtaking archipelago and sparse granite island will make a lasting impression on you. Aboard Royal line you can enjoy delicious archipelago food and refreshments. Ferries depart from the Market Square a couple of times a week from the end of June to mid-August.

www.soderskar.fi, www.royalline.fi



WINTER FUN ON SKATES

Helsinki is surrounded by the sea. When the sea freezes over, do as the locals do and try walking across the ice. Of course, if you see signs warning you to stay off the ice, don't take any risks! You can also experience the joy of winter in Helsinki by renting a pair of ice skates at the Helsinki Icepark in the city centre next to the Central Railway Station. Dress warmly, tie up your laces tightly and try to stay on your feet! Sledding is also a popular activity, especially at the end of winter when the snow is covered by a thick crust. If you don't have your own sled, try using a plastic bag instead. Helsinki Icepark, www.jaapuisto.fi

METRO ADVENTURE TO EAST HELSINKI

Helsinki's metro is orange and operates on only two routes to the east of the city centre. Head for the Central Railway Station and stop aboard a metro to explore East Helsinki. After the Sörnäinen stop the metro surfaces out of the tunnel and offers nice views to the sea. The metro stops every couple of minutes in the eastern districts of the city. You can get off at any stop, look around the neighbourhood and then continue your ride. A new metro comes along every 5 minutes or so from

six in the morning until eleven in the evening. At the Itäkeskus stop you can visit one of the biggest shopping centres in Helsinki - "Itis". After Itäkeskus the route splits. In Vuosaari there is a campsite and public swimming beach where you can swim all year round. The route terminates at the small Kolumbus Shopping Centre in Vuosaari. The last stop is also the northmost metro station in the world!

Itis Shopping Centre, www.itis.fi Rastila Camping, www.rastilacamping.fi Kolumbus Shopping Centre, www.columbus.fi



08:00-12:00 ACTIVITIES



KALLION KARHUPUISTO

The Bear Park was once notorious for the shady people who used to gather there, but the local residents' association drove them out by planting flowers and reclaiming the park. In summertime you can relax at the Bear Park Café, while in wintertime you can enjoy coffees on the other side of the park at Kulmakahvio. When you go to the Bear Park, it is worth visiting also Kallio Library. There are also many interesting shops nearby, such as the jewellery

shop Papaija, the boutique Fem, the wallpaper shop Tapettitalo and the vintage shop Ansa. If you want to enjoy a beer, check out the Sivukirjasto restaurant behind the library. To get to the Bear Park, take either the number 3B or number 9 tram. Bear Park Cafe, www.bearparkcafe.net Kulmakahvio, Agricolankatu 13, www.kulmakahvio.fi Kallion Library, Viides Linja 11, www.lib.hel.fi/kallio Papaija, Agricolankatu 11, www.papaja.fi Fem, Fleminqinkatu 5,

femcollective.blogspot.com Tapettitalo, Fleminginkatu 4, www.tapettitalo.fi Ansa, Flemininginkatu 8, vintageansa.blogspot.com Sivukirjasto, Fleminginkatu 5, www.facebook.com/Sivukirjasto



INVITES VISITORS TO DISCOVER
THE NEIGHBOURHOOD'S UNIQUE
BOUTIQUES AND RESTAURANTS.
SEE THE MAP, BLOG AND
DESCRIPTIONS ONLINE AT:
WWW.UPWITHKALLIO.FI







NATURE RESERVES

Helsinki has 48 nature reserves. many of which can be reached easily by public transport. Summertime is a great time for visiting the Haltiala old-growth forest, Uutela, Viikki and Lammassaari. It is easy to get to Lammassaari by following the signs from the Old Town Bay (Vanhankaupunginlahti) in Arabia and walking down the wooden path for one kilometre - the walk alone is worth the visit! It is fun to walk around the island climb the bird watching tower and admire the small allotment cottages. As in other nature reserves, it is important to follow the rules, stay on the path, not disturb

nesting birds or other animals, not pick plants and not litter. For more information about nature reserves in Helsinki, go to: www.hel.fi





12:00-16:00 SHOPPING



RECYCLED PRODUCTS

Helsinki has several boutiques that sell clothing, accessories and items made out of recycled materials. Globe Hope is an innovative Finnish design company that designs ecological products out of recycled materials, such as hospital and army textiles, worker uniforms, advertisement banners and flags, recycled sails, seatbelts and vintage home textiles, such as curtains, tablecloths and bed sheets. Wear a skirt that was a towel in its previous life! EDEL City offers Finneish eco-luxury design products made from recycled or organic raw materials. Their focus on high-design and their

stylish urban look is a welcome departure from other green design concepts.

- 8 Globe Hope Lasipalatsi, Mannerheimintie 22-24
- Globe Hope Kiseleff, Aleksanterinkatu 28, www.globehope.com
- DEDEL City Concept Store,
 Fredrikinkatu 33
- EDEL City Flagship Store, Kluuvi Shopping Centre, Aleksanterinkatu 9, www.edelcitv.com

RECORD SHOPS

You have a dirty bottom! Greetings from the sarcophagus! These are the eccentric marketing slogans of the record shop Äx in the Töölö district.

What it has to do with records is unclear, but Äx is definitely worth a visit! Popular record shops can also be found in the Viiskulma neighbourhood. Interested in rap music? Then check out The Funkiest. And don't forget also Stupido Shop!

- Levykauppa Äx, Arkadiankatu 14b, www.levykauppax.fi
- Digelius, Laivurinrinne 2, www.digelius.com
- Eronen, Laivurinrinne 2, www. dubjazzsalsa.com
- The Funkiest, Mechelininkatu 12-14, www.thefunkiest.fi
- Stupido-Shop, Iso Roobertinkatu 23, www.stupido.fi/shop

FINNISH DESIGN

Finland has made a name for itself around the world for fashion and design. IVANAhelsinki's delightful prints, Tiia Vanhatapio's dresses, Hanna Sarén's clogs (as seen on Sex and the City), Minna Parikka's exquisite footwear and Aki Choklat's leather accessories have all risen to international acclaim.

- 4 IVANAhelsinki, Uudenmaankatu 15, www.ivanahelsinki.com
- Tiia Vanhatapio at the House of Kiseleff, Unioninkatu 27 B, www.vanhatapio.fi Hanna Sarén, hannasaren.net
- Minna Parikka, Bulevardi 24, www.minnaparikka.com Aki Choklat, www.akichoklat.com

The most popular flea markets in town

are Hietalahti ("Hietsu") and Valt-

teri. Hietsu is a sure sign of summer,

as the open-air market is open dur-

ing the warmer months. And since the

summers are getting longer, Hietsu is

now open all the way into December! On the other side of town, Valtteri

is situated inside a historic redbrick

warehouse and is open year round

on Wednesdays and weekends. The

neighbourhood association Kallioliike

organises flea markets in local parks,

where anyone is free to sell their treas-

ures. These park markets have been a

big success, and why not - hundreds of

sellers turn up selling everything from

FLEA MARKETS

FARM MARKETS

The "Farm Market" inside Lasipalatsi and "Juuri Shop" next to the restaurant Juuri both offer Finnish organic and local food. Eat & Joy in Kluuvi Market Hall is a new establishment that is definitely worth a try! Its specialties include a bread oven heated by birch logs, a fish smoker, fresh milk that you can buy in a metal container, and a milk bar that also serves oven-cooked porridge. And if you are in Töölö, pop in to Anton&Anton!

- 7 Maatilatori, Mannerheimintie 22-24
- Juuren Puoti, Korkeavuorenkatu 27, www.juurenpuoti.fi
- Eat & Joy, Kluuvi Market Hall, www.kluuvi.fi
- Anton & Anton, Museokatu 19, www.antonanton.fi

ers alike are kept entertained by musicians and DJs.

- Hietsun kirppis, Abrahaminkatu 3, www.hel.fi
- Valtteri, Aleksis Kiven katu 17, www.kirpputori.com Kallioliike, www.kallioliike.org

π Μυοτικυυ

The display windows of Muotikuu alone are impressive enough, so don't hesitate to take a look inside. The boutique sells outfits designed by its founder Jaana Varkki-Terho, as well as imported items from Europe.

Muotikuu, Fabianinkatu 14

SAITURIN PÖRSSI

If you are looking for anything, useful or useless, at a very low price, check out Saiturinpörssi. Crocs copies are always on sale, and you can also buy bulk quantities of Fazer chocolate to bring home with you!

Porthaninkatu 9, www.saiturinporssi.fi

O NUMPTY

This boutique sells vintage clothing, accessories and other items, offering a glimpse of Finnish style over the decades! The boutique also rents outfits. The shopkeeper Eeva-Helena describes herself as a "numpty" – apparently Welsh slang for absentminded. The shop is open on Saturdays only. Merimiehenkatu 29, www.numpty.fi

12:00-16:00 LUNCH PLACES

VEGGIE RESTAURANTS

Silvoplee is arguably the most popular vegetarian restaurant in Helsinki. Situated next to Hakaniemi Market Hall, the restaurant offers vegetarian dishes that you can select from the buffet and pay by weight. At lunchtime you can also enjoy delicious vegetarian food at the restaurant Zucchini, close to the Old Market Hall. Even the most diehard meat eaters could be converted yet into vegetarians at these restaurants!

- Silvoplee, Toinen linja 3, www.silvoplee.com
- Zucchini, Fabianinkatu 4

20 LUPOLO

The gastropub Lupolo in Punavuori serves tasty and simple food. The atmosphere is laid back and friendly. We hear only good things about this restaurant!

Punavuorenkatu 3, www.lupolo.fi

3 BAR 9

Cafe Bar No 9 is a simple, cosy and living room-like establishment that has attracted a cultural clientele for years. The menu is served from lunchtime until late in the morning. There are also art exhibitions every month. *Uudenmankatu 9, www.bar9.net*

22 BENJAM'S BISTRO

When discussing the best pizzerias in Helsinki, the name Benjam's Bistro always comes up. Situated behind Parliament House, this small establishment gets great reviews for its food, prices and service. Try for yourself!

23 Кокомо

If it is windy and rainy, step into Kokomo – where the sun always shines! Enjoy a great lunch, or hang out at the Tikibar in the evening.

Uudenmaankatu 16-20, www.kokomo.fi

CAFÉ PIRITTA

The jewel of Hakaniemi, Piritta is a bright and lively café-restaurant by the water. The large windows afford delightful views over the Tokoinlahti bay. Piritta serves café products, lunch and dinner. It also has an interesting entertainment programme ranging from Argentinian café tango on Sundays to Murder Mystery nights. In summertime you can get to Piritta by ferry from the Market Square.

Eläintarhantie 12, ursula.fi/piritta

Juuri

This popular dining restaurant also serves lunches made from the best Finnish seasonal ingredients. Reservations cannot be made for lunch but are recommended for dinner. Try Juuri's tapas, which it calls sapas. Next to the restaurant is the Juuri Shop and Latva Bar. Juuri, Korkeavuorenkatu 27, www.juuri.fi Juuri Shop, Korkeavuorenkatu 27, www.juurenpuoti.fi

Latva, Korkeavuorenkatu 25, www.latva.fi



ETHNIC RESTAURANTS

The fragrant and delicious Lemon Grass is one of the most popular Thai restaurants in the Kallio distrcit. The small establishment is always busy at lunchtimes, but you can surely fit in. If you are around the centre, try the new New Bamboo Centre, which is rumoured to serve the best curry in Helsinki. This Chinese restaurant is situated in the same building as the local Sobriety Club and accordingly does not serve any alcohol.

- Lemon Grass, Kolmas Linja 12
- New Bamboo Centre, Annankatu 29,
 www.newbamboocenter.com

HESBURGER

The specialty of this Finnish hamburger chain is its delicious mayonnaise selection. Try a hamburger on traditional Finnish rye bread! www.hesburger.fi

AFFORDABLE LUNCH PRICES

Nearly all restaurants in Helsinki offer very reasonably priced lunch specials from 11am to 3pm.

Unicafe - the cafeterias of the University of Helsinki serve world-famous healthy Finnish school food also for visitors. Lunch prices are very affordable, and you can also purchase café products. The Unicafe in the main building has a real old academic atmosphere,

while a newer Unicafe in the city centre in Kaivopiha is open also on Saturdays.

- 🔃 Unicafe, Fabianinkatu 33 and
- Unicafe Kaivopiha, Mannerheimintie 3 B, www.unicafe.fi



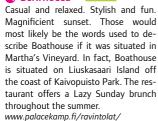






We Lunch In Moko Interior Shop How does that sound, enjoying lunch while surrounded by delightful interior design? At Moko Market & Cafe you can do just this, as the café in the middle of the shop serves breakfast on Saturdays and lunch on weekdays. Perämiehenkatu 10, www.moko.fi

14 BOATHOUSE



(B) QULMA

This tiny corner café is situated in the Jugend district of Kruununhaka and serves a very popular soup buffet lunch. After lunch you can shop among the many local boutiques and admire the charm of this beautiful district. *Mariankatu 13 B*,



CRUSTUM

If you are not afraid of a few carbohydrates, try the fresh, additive-free baked goods at Crustum. Salads and soups are also served for lunch. Crustum represents German baking traditions, but it suits Helsinki like butter on warm fresh bread! Pursimiehenkatu 7, www.crustum.fi

MARKET HALLS

boathouse/

Helsinki's two main market halls are great places to find affordable lunches. Try the Soup Kitchen, a superb lunch place that can be found in both Hakaniemi Market Hall and the Old Market Hall. Bouillabaisse is their speciality, and it's served everyday! In Hakaniemi Market Hall, Marian Konditoria offers affordable and delicious salads and baguettes. In the Old Market Hall, K-Shalmasi serves large salads at a very low price.

- Hakaniemi Market Hall, www.hakaniemenkauppahalli.fi
- Old Market Hall, www.wanhakauppahalli.com



PICNICS IN THE PARK

In summertime the most affordable and delightful way to enjoy lunch is to buy everything you need from the market and enjoy a picnic in the park. Try deliciously unhealthy Finnish meat pies or healthy and delicious rye bread sandwiches. For dessert, try fresh donuts, buns or even a salt liquorice ice cream from one of the kiosks! Or enjoy the mouth-watering Finnish strawberries, blueberries or peas.



12:00-16:00 AFTERNOON ACTIVITIES

25 Indian Summer

An Indian summer is a meteorological phenomenon that occurs in the autumn. Except in Kaisaniemi, Indian Summer occurs also in summer, winter and spring! This tiny clothing boutique sells vintage, army surplus, music and art books. Live entertainment is also offered on After Work Fridays! Vuorikatu 22. www.indiansummerstore.com

SECRET SHOP

This tiny little kiosk can be found in the public square in front of the Museum of Contemporary Art Kiasma. Salakauppa is brimming with child-

TEASHOPS

Soothe vour senses at Théhuone. admire the nostalgic interior at The Ounce, and discover new blends at Demmer Teehaus. If you happen to be in Kluuvi Shopping Centre, check out Chaya teekauppa!

- Théhuone, Eerikinkatu 10, www.thehuone.com
- 18 The Ounce, Fredrikinkatu 55. www.ounce.fi
- Demmer Teehaus, Annankatu 13, www.demmer.fi
- Chava teekauppa, Aleksanterinkatu 9, www.chaya.fi

ish and inventive products designed by Aamu Song and Johan Olin, such as their Pinguadult wear, Winter Tie, Beard Wear and Noodle Shoes. Guaranteed to make you smile! Postikatu 1, www.com-pa-ny.com

27 FIVE CORNERS

The Viiskulma neighbourhood is famous for its record shops and other interesting boutiques. Get a classic men's haircut at the Barber Shop, shop for macho shoes at Cold War, check out the '50s clothing and accessories at Garageland, or hang out at the hippy "East of the Sun, West of the Moon"

21 JOHANNA GULLICHSEN

Textile craft & design Flagship Store offers a collection of modern woven fabrics with geometric patterns. The selection includes kitchen and table linens. bath linens, bags and other fashion accessories. Johanna's one-woman textile studio originally started from her home in 1989. Over the years her business has diversified from a home studio to two of her own stores, one in Paris and the other here in Helsinki. All products are made in Finland from natural materials. Fredrikinkatu 18 www.johannagullichsen.com

Fredrikinkatu 19. www.thebarbershop.fi Cold War, Fredrikinkatu 19, www.garageland.fi Garageland, Fredrikinkatu 19, www.aaraaeland.fi Auringosta itään Kuusta länteen, Fredrikinkatu 19. www.auringostaitaan.fi

28 ART AND CULTURE IN THE TENNIS PALACE

Tennispalatsi is a former tennis hall that now houses the biggest cultural and recreational centre in the city centre. The complex includes cinemas, an art museum, a museum of cultures, cafes, restaurants and small boutiques. Helsinki Art Museum, www.taidemuseo.fi Cinema, www.finnkino.fi

NINA'S

Nina's on Bulevardi sells international brand clothing in a charming boutique named after its owner. Niina Kurkinen. one of the most successful and famous Finnish models. She is also one of the faces of Finnish Lumene cosmetics Bulevardi 13. www.ninas.fi www.lumene.fi



16 Warehouse Brand Outlet

If you want to buy brand items for less, hop on metro and head for Ruoholahti. Warehouse Brand Outlet is a joint venture by several importers and sells a wide selection of footwear and clothing, with new items every day! Ruoholahti Shopping Centre, Itämerenkatu 21, www.warehouse.fi

PUNNITSE & SÄÄSTÄ

The most affordable place to purchase Finland's super food, dried blueberries, is "Weigh & Save". Here you can purchase berries and other organic food in precisely the quantities that you reguire, so you don't have to pay for unnecessary packaging - which is good for your wallet and the environment!

Fredrinkinkatu 55

Hämeentie 50, www.punnitsejasaasta.fi

SHOP & SUPPORT WORTHY CHARITIES

If you fancy second hand and you want to support worthy charity causes, then visit the Emmaus flea market and Fida. Emmaus is a politically and religiously unaffiliated international shop that supports the poor and suffering, peace and justice. In Helsinki the Emmaus flea market is in Vallila. Fida Second Hand Shops can be found throughout Helsinki, including on Iso-Roobertinkatu in the centre. To find the Fida shop nearest you, go to: www.lahetystorit.fi

Emmaus, Mäkelänkatu 24, www.emmaushelsinki.fi Fida International, www.fida.info

20 HIETANIEMI CEMETERY

A cemetery can be anything but a gloomy place. Peaceful, green and dignified are better adjectives for describing a walk through Hietaniemi Cemetery. A number of famous Finnish artists are buried in the old cemetery along lot 21a, including authors, composers, painters and actors. Bus 24.



12:00-16:00 AFTERNOON ACTIVITIES





፯ Kamppi Bowling Centre & Bar Kamppi Bowl is only 200 metres from the Railway Station, in Kamppi Shopping Center. The bowling area is divided into two six-lane sides. The automatic scoring system makes bowling easy and children appreciate the bumpers. Glowbowling daily from 2 pm. Relax between bowling in the elegant Dolphin Bar, Bowling in Kamppi is not just a sport, it's much more...

Kamppi Shopping Mall 4th floor, Urho Kekkosen katu 1. www.varaarata.com tel. +358(0)207 12 12 12. Open: Mon-Tue 11-22, Wed-Sat 11-24 (01), Sun 12-20.

3 BOWLING IN SHOPPING CENTER Kamppi is a shopping center where style comes first. There is offer over

120 stores across six floors and over 30 cafés and restaurants. You can also find the trends for home decoration and beauty care. On the top floor you will find a bowling hall where you can eniov with friends or family. Kamppi Shopping Centre, 4th floor. www.varaarata.com

Mary Pelanne's Hats

Ever since it was established in 1942. the Mary Pelanne fashion boutique has been located at the same address. Albertinkatu 12. The hat shop is now run by costumier and burlesque model Fiona Timantti, who is restoring Pelanne's hat collection. To visit this fascinating old shop, you will have to send an email to Fiona, but anyone is free to admire the window display.

Albertinkatu 12, mariapelanne.blogspot.com

24 HELICOPTER TO TALLINN

Tallinn is just 18 minutes from Helsinki by helicopter, and flights are offered throughout the day. The medieval Old Town is a fantastic destination for shopping, dining and even beauty treatments

www.copterline.com www.tourism.tallinn.ee

DESIGN DISTRICT

Situated in the heart of Helsinki, the Design District encompasses 25 streets and over a hundred design attractions, including boutiques, galleries, restaurants, studios and hotels. At the centre of the Design District is Design Forum, a showroom for contemporary Finnish design and the Design Museum. Pick up a copy of the Design District map from Tourist Information. Next to the Design Museum you can admire Finnish wooden architecture at the Design Pavilion. Helsinki is World Design Capital in 2012, and for good reason. Design is everywhere!

www.designdistrict.fi www.desianmuseum.fi www.designmuseum.fi www.wdc2012.fi

DESIGN IS EVERYWHERE

In Helsinki you don't necessarily have to go to a museum to enjoy fine art and architecture - a stroll through the city is enough! For example, the revolving doors in the main building of the University of Helsinki represent practical design at its finest. They were designed by Aarne Elvi in the 1950s. While walking down Aleksanterinkatu, look up and admire the fine relief on the roof of Aleksi 13 designed by the Selim A. Lindqvist. When your neck gets stiff, look down outside the Stockmann Department Store and discover the kite-and-dart street tiles designed by English mathematician Sir Roger Penrose. On the wall of the Corona Bar you will see a surrealistic mural painted by Finnish author-artist Rosa Liksom. And of course, don't forget the numerous buildings designed by legendary Finnish architect Alvar Aalto, such as the Rautatalo Office Building (Keskuskatu 3), the Enso Gutzeit Headquarters (Kanavanranta 1), Academic Bookstore (Pohjoiesesplanadi 39) and Finlandia Hall (Mannerheimintie 13). www.alvaraalto.fi

- 2 Porthania, Yliopistonkatu 3
- Aleksi 13, Aleksanterinkatu 13
- 🛜 Stockmann Department Store, Keskuskatu 3

Public Transport

One of the true treasures of Helsinki is its public transport system, which is efficient, inexpensive and practical. Known by its Finnish initials HSL, Helsinki Region Transport comprises the metro, local buses and trams. Tickets can be purchased from sales points and drivers. The best ticket option for visitors is the tourist ticket. Trams operate in the city centre and between the districts, the metro will take you to East and West Helsinki, while local buses will get you further afield. You can plan your journey easily on the HSL website. Note also the cheerful colour scheme of public transport in Helsinki: metro trains are orange, buses are blue and trams are green. www hsl fi

12:00-16:00 CAFÉS

30 TYYNI

Situated next to Töölönlahti and sporting a grass roof, the Tyyni café-kiosk has won the hearts of local residents and added yet another reason for taking a walk around the bay. The café is open whenever there is no snow on the ground. In summertime you can even roast sausages and sing camp songs around a fire!

Helsinginkatu 56



This tiny café in the Sörnäinen district, next to Vaasanaukio square, is worth looking for. One of the owners is a Finnish Cup Tasting Champion, so you're sure to get great coffee! On Tuesdays Sävy serves its own delicious apple-filled buns.

Aleksis Kiven katu 12, www.kahvilasavy.fi

WANHA PEHTOORI

If you want to experience Finnish countryside life, head for the animal farm in Haltiala. You can also enjoy a coffee in the Wanha Pehtoori café, housed in a hundred-year-old building that is straight from Finland's rural past. To get there, take bus number 67 from Railway Station Square all the way to the last stop. Ask the driver for instructions how to get to the Haltiala farm from the bus stop.



25 MATTOLAITURI

Helsinki has numerous rug washing piers that can be used freely by local residents. The impressive new café Mattolaituri overlooks the piers next to Kaivopuisto park and affords beautiful views to the sea. Ehrenströmintie 3 A.



The Marimekko flagship store in Kämp Galleria has its own café decorated with Marimekko design products. Naturally, you can also admire the designs as used in the table settings and uniforms. Pohjoisesplanadi 33, www.strindberq.fi/marikahvila

KAKKUGALI FRIA

The "Cake Gallery" serves cakes that taste as good as they look – the individual pastries are like tiny works of art. Some of the locations have an "All you can eat" Sunday offer that is really too good to pass up!

- 27 Bulevardi 34
- and Fredrikinkatu 41, www.kakkugalleria.com



2 Ihana Kahvila

A brand new residential area is being developed beside the sea next to Sörnäinen. Before Kalasatama is completed in around 2030, its undeveloped areas are being used as recreational areas. To date Kalasatama has seen a pizza oven, urban gardens, a graffiti wall, a swimming beach, a picnic area and Ihana Kahvila, a truly "lovely café" that has been built in a container and affords a breathtaking view of the Helsinki shoreline. To get to Kalasatama and Ihana Kahvila, follow the signs from the Kalasatama metro station. The onekilometre walk to the tip of Kalasatama is worth the effort, giving you a completely different perspective on Helsinki. By the way, another Ihana Kahvila has opened in honour of World Design Capital 2012 at Aleksanterinkatu 7 (see map yellow numbers 21–22). www.uuttahelsinkia.fi/kalasatama www.ibngakahvila.fi

CLASSIC KIOSKS

Helsinki still has around twenty classic wooden kiosks, most of them along tram routes or beside parks. They were built in the late 1930s, and although not all of them are no longer used as cafés, fortunately a few are. Check out Bear Park Café in Karhupuisto, the kiosk next to Katajanokka Park, the kiosk next to Hietaniemi Flea Market, Café Kasarmitori in the Kasarmitori square and Café Kauppis in Töölö.

Bear Park Cafe, Karhupuisto

- 🏂 Katajanokka, Rahapajankatu 3
- Hietaniemen lippakioski, Hietalahdenranta 1
- Cafe Kasarmitori, Fabianinkatu/ Pohjoinen Makasiinikatu
- 20 Cafe Kauppis, Runeberginkatu 14-16



16:00-20:00 EARLY EVENING SHOPPING



ATENEUM MUSEUM SHOP

The best souvenirs from Helsinki can be found in the Ateneum Museum Shop. How about a purse that looks like a Karelian pie? Or a stress toy that looks like a snowball? Of course, when visiting the shop you should also take a peek into Ateneum Art Museum, home to the Finnish National Gallery. Kaivokatu 2, www.ateneum.fi

3 Grape Station & R/H

Two girls from Lapland came to Helsinki and opened a design boutique that sells clothing, accessories and interior decorating products. In addition to their own designs, the girls also sell products by other designers. The shop is very much like the Kallio district itself – bohemian and modern. At the same time you should check out the R/H clothing boutique next door. R/H (designers Riiheläinen and Hernesniemi) is a new line of women's clothing made out of such exotic materials as reindeer leather. Grape Station, Hämeentie 32, www.grapestation.com R/H, Hämeentie 26,

4 LANDE

This interior design shop in Kamppi Shopping Centre offers a taste of the countryside in the big city. Lande sells Finnish products whose patterns are influenced by Finland's traditions, history and country lifestyle. Urho Kekkosen Katu 8, www.lande.fi



STOCKMANN HERKKU - DELICATESSEN

www.stockmann.fi, www.f8.fi

A wide range of goods and produce, expert personnel and a central location make Stockmann Delicatessen an unbeatable combination. It could even be considered Helsinki's only deluxe food market. Before or after shopping you can relax at the F8 restaurant world, where you can taste how well chocolate and champagne go together. Aleksanterinkatu 52 B,

Au3

www.rh-the-label.com

This jewellery shop was founded by a team of goldsmiths who are continuing the traditions of St. Petersburg why favouring contemporary designs. Au3 is situated in the House of Kiseleff, which also has many other interesting boutiques.

Au3, the House of Kiseleff, Unioninkatu 27, www.au3.fi



BOKNÄS

This Finnish furniture company began with a second-hand bookshop and the need to find a good way to store all the books. Unsurprisingly, Boknäs is particularly famous for its bookcases! The shop also sells other interior design objects that you can take home with you. Fabianinkatu 29, www boknas.fi.

30 ETHNIC SHOPPING IN HAKANIEMI

If you are hooked on ethnic flavours and want to satisfy your habit also on holiday, stroll down Hämeentie road from Hakaniemi Market Square towards the Sörnäinen district and you will pass many ethnic shops selling Indian, Chinese, Vietnamese and African food products.

Hämeentie



RECYCLED PRODUCTS

The greenest shopping place in the city is the Kierrätyskeskus recycling centre, where you will find used clothing, footwear, kitchenware, furniture, books and even free items. Take tram number 6 to the recycling centre in Hietalahti or bus number 68 from Railway Station Square to the recycling centre in Kyläsaari.

- Kierrätyskeskus Hietalahti,
 Lönnrotinkatu 45 and
- Kierrätyskeskus Kyläsaari, Kyläsaarenkatu 8, www.kierratyskeskus.fi

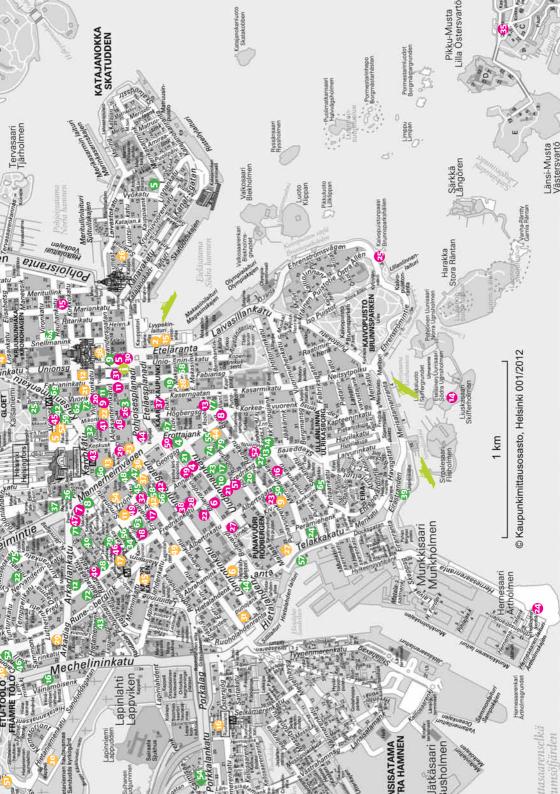
MARIMEKKO OUTLET STORE

Many Finnish brands sell their products at discounted prices in their outlet stores. The Marimekko outlet store is situated in the Herttoniemi district in East Helsinki, which is easy to get to by metro.

Marimekko Outlet, Kirvesmiehenkatu 7, www.marimekko fi









16:00-20:00 EARLY EVENING ATTRACTIONS

PUBLIC SAUNAS

Get ready for the evening ahead at one of the many public saunas in Helsinki. The Kallio district is home to two very traditional local saunas: Kotiharjun sauna and Arlan sauna. Both saunas offer the opportunity to try cupping, a traditional Finnish folk remedy. You will need strong nerves!

Further information about saunas: www.visithelsinki.fi

- S Kotiharjun sauna, Harjutorinkatu 1, www.kotiharjunsauna.fi
- 66 Arlan sauna, Kaarlenkatu 15, www.arlansauna.net

SNEAKERS ON -

LET'S GO SKATEBOARDING!

Popot is a small shop that lives for cool and rare sneakers by such brands as Converse, Adidas, Reebok, Puma, Nike and Vans. Once you have the appropriate footwear, it's time for some skateboarding action. The best places for skateboarding include outside the Museum of Contemporary Art Kiasma and the skateboard parks at Eläintarha and Kaiyopuisto Park.

- Kiasma, Mannerheiminaukio 2Eläintarha Skateboard Park.
- Nordenskiödinkatu 20
- 39 Kaivopuisto Skateboard Park, Eiranranta 1



⚠ TEERENPELI

Get your evening started at the restaurant Teerenpeli, a cosy pub next to Kamppi Shopping Centre. Teerenpeli serves its own range of home brewed beers. You may not understand the names of the beers and ciders, but there's no doubting the great taste! Olavinkatu 2, www.teerenpeli.com

32 ATELJE BAR

You can catch your breath while exploring the city by visiting the Atelje Bar on the top floor of the Hotel Torni. The outdoor terrace offers a spectacular view over the rooftops and is a great place to enjoy your first drinks of the evening as you watch the sun set. You can even admire the scenery through the window in the toilets! Atelje Bar, Kalevankatu 5, www.ravintolatorni/ateljeebar

A NIGHT AT THE OPERA

What better way to the start the evening than with an opera or ballet performance? The Finnish National Opera is located next to the Töölönlahti bay, and you can get there conveniently by tram if you don't want to walk in your fancy shoes. The opera house itself represents contemporary architecture and was completed in 1993. Go online to see what operas and ballets are being performed and reserve a ticket! Helsinginkatu 58, www.ooppera.fi

RENT A LIMOUSINE

For a taste of luxury and a fine way to enjoy sightseeing around Helsinki, rent a limousine!

Limusiinit.com, www.limusiinit.com Limousine Service Ltd., www.limousineservice.fi



WOODEN HOUSE DISTRICTS

Helsinki has some beautiful wooden house districts, the most famous being Puu-Vallila and Puu-Käpylä. "Wooden Vallila" is an idyllic wooden house district that was built in the 1910s. The entire district can be easily walked on foot, and in the centre of the neighbourhood is a small local pub called "Pikku Vallila", which is more like a living room. "Wooden Käpylä" was also built in the early 1900s and has its own charming local pub, "The Headless Chicken"!

20 Pikku Vallila, Vallilantie 19 c

Päätön Kana, Pohjolankatu 2, www.nyyrikki.net

HAPPY HOUR FOR SPARKLING DRINKS

Many restaurants serve sparkling drinks at special prices. The restaurant Baker's has "sparkling hours" from 5pm onwards on Tuesdays to Saturdays. The restaurant and nightclub Le Bonk has happy hours from 4pm to 9pm on Wednesdays

to Fridays. After work prices also include appetisers. Cin cin!

55 Baker's, Mannerheiminkatu 12, www.ravintolabakers.com

1 Le Bonk, Yrjönkatu 24, www.lebonk.fi

SUNSET CITY

As the day comes to an end, climb up the steps outside Helsinki Cathedral and marvel as the sunset bathes the city in gold. Take a drink and snacks with you and relax as you admire the view! Helsinki's legendary amusement park Linnanmäki is another exciting place amidst the evening lights. Take your friend by the hand and share a candy floss. There is no entrance fee to the grounds, so you can just stroll around and soak up the atmosphere. For the best views, check out the Panorama observation tower — admission is free of charge!

- Senate Square, Aleksanterinkatu 20-22
- Linnanmäki Amusement Park, Tivolikuja 1 www.linnanmaki.fi

CITY FULL OF EVENTS



RESTAURANT DAY

On Restaurant Day anyone can set up a restaurant or a bar for a day. Event is held several times a year in courtyards, parks and private apartments throughout the city. All the pop-up restaurants and menus are listed on the campaign website. Remember to bring cash! www.restaurantday.org



3 FLOW FESTIVAL

If you are into the latest rhythm music, this 3-day urban festival offers amazing performances from morning to night. The festival takes place at Suvilahti, a former power plant that is now a cutting edge cultural centre, and the catering is traditionally provided by some of the trendiest restaurants in town. *Kaasutehtaankatu 1*,

www.flowfestival.com



WE LOVE HELSINKI

How about dressing up for a good old fashioned dance? We Love Helsinki organises both Midsummer and New Year's dances. Visit their Facebook site to find out when and where the next dance will be held, and remember to look your best!

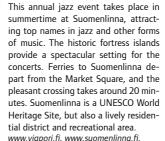
www.facebook.com/welovehelsinki

TUSKA

In summertime throngs of leatherjacketed heavy metal fans descend on Suvilahti for some head banging at the Tuska Festival. This three-day event has become a major happening on the heavy metal scene. Despite appearances metal heads are a jolly lot, and after the concerts you can join them for some heavy karaoke at the Corner Bar. Check out also the PRKL Club!

- PRKL Club, Kaisaniemenkatu 4, www.prklclub.fi
- Corner Bar, Hietaniemenkatu 2, www.heavycorner.com

3 Viapori Jazz 🚄



60 HUVILA FESTIVAL TENT

The Helsinki Festival takes place every year in August, offering a wide range of top-quality events including concerts in the Huvila Festival Tent. The lawns outside are packed with people enjoying picnics while listening to the music coming from inside the tent. After the concert you can continue the evening in nearby restaurants where you can dine, listen to live music or simply enjoy the nightlife.

Huvila Festival Tent, Eläintarhantie 6, www.helsinginjuhlaviikot.fi

NIGHT OF THE ARTS

One night in August the centre of Helsinki is packed with the arts and a festival atmosphere. On the Night of the Arts the city's museums and galleries are open, and bookshops, cafés and restaurants host a wide range of performances. Special events also take place around the Töölönlahti bay. Night of the Arts is without doubt one of the highlights of the year in Helsinki. Helsinki Festival,

www.helsinginjuhlaviikot.fi/taiteiden-yo

BLOCK PARTIES

Many districts have their own neighbourhood parties in summertime, filling the streets with flea markets, music and all kinds of fun local events. Check out the parties in Käpylä, Kumpula and Roihuvuori, for example. In the city centre you can join in the Kallio Bloc Party and Punajuuri Bloc Party. To find out what's on during your visit to Helsinki, check out the Tourist Information website!

FUN IN THE PARKS

www.jt-line.fi

In summertime local residents flock to the parks, many of which host free events. Alppipuisto next to Linnanmäki Amusement Park offers free concerts almost every weekend throughout the summer. Every year at the end of May countries from around the world pay a visit to Kaisaniemi Park, where you can enjoy multicultural music, art, theatre and food. You can also find out more about development co-operation and globalisation.



Alppipuisto park

Kaisaniemenpuisto park

www.alppipuistonkesa.info

www.maailmakylassa.fi

For more information about the parks, go

to www.visithelsinki.fi > What's on

20:00-24:00 EVENING RESTAURANTS



4 SALVE

This sailors' pub first opened in 1897 and still serves delicious fried herring with mashed potatoes and melted butter. Old timers and sea dogs hang out on the ground floor, while the restaurant upstairs is quieter and more civilised. *Hietalahdenranta* 11,

www.ravintolasalve.fi

45 PUTTE'S BAR & PIZZA

As its name suggests, Putte's Bar & Pizza is a bar that serves pizza. But not just any pizza – really good pizza! Everyone in town is talking about Putte's! Kalevankatu 6, www.puttes.fi



TROIKKA

This restaurant in Töölö represents Russian dining at its best. Behind the white lace curtains you can enjoy Russian cuisine and friendly service. The bill is even presented in a matryoshka doll. Did you know that Finland was part of Russia until it became independent in 1917? Caloniuksenkatu 3, www.troikka.fi

OLO

Helsinki's latest Michelin-starred restaurant represents contemporary Nordic gourmet cuisine. Olo can be found close to Esplanade Park.

Kasarmikatu 44, www.olo-ravintola.fi

3 Muru

Muru is modern. Muru is tasty. Muru is a restaurant. Muru is also Finnish and means sweetheart, love. And it's easy to love Muru!

Fredrikinkatu 41, www.murudining.fi

39 ELITE

One of the most famous cultural restaurants in Finland, Elite has been serving artists, diplomats, business leaders and local residents since the 1930s. The interior is historic and the food traditionally good. Finnish film legend Tauno Palo used to be a regular, and his favourite meal is still included on the menu. His regular table is still there too!

Eteläinen Hesperiankatu 22, www.elite.fi



BAR LOOSE

Helsinki's best known rock bar also serves great food, including inexpensive yet delicious burgers. They are served every day, and on some days even up to 3am! After a burger you can move downstairs to take in a gig or hang out at the stylish bar.

Annankatu 21,

43 PELMENIT

Pelmenit is an uncomplicated and cosy Ukrainian restaurant in the Sörnäinen district that offers extremely affordable Russian home cooking. Pelmenit is a type of dumpling similar to ravioli that is filled with minced meat.



PITAPITA

Pitapita on Iso-Roobertinkatu serves fast food at its best. The menu includes dishes from around the world, so don't worry if one of you wants Yum Yum Chicken, the other Chili con Carne and another a Caesar salad!

Iso-Roobertinkatu 2, www.pitapita.fi

45 WANHA KETTU

This pub in Kamppi dates back to the 1800s. According to local legend, it was closed only for one month – back in the prohibition years! The "Old Fox Pub" has served workers and gentlemen alike over the years, and it continues to offer affordable meals in a great atmosphere.

Malminkatu 22. www.wanhakettu.fi

20:00-24:00 BARS



HEATED TERRACES

Finns love their restaurant terraces so much they don't give up even in wintertime! Several heated terraces can be found in Helsinki, including the restaurants U.Kaleva and Villi Wäinö at the start of Kalevankatu.

Villi Wäinö, Kalevankatu 4, www.villiwaino.fi

U.Kaleva, Kalevankatu 3 a, www.ukaleva.net

ARENA HOUSE

On the corner of Hakaniemi Square stands a triangular building designed

by legendary Finnish architect Lars Sonck. Inside Arena House you will find three popular restaurants: Rytmi, Café Talo and Sävel. Tour the building, admire the architecture and try all three restaurants!

Sävel, Hämeentie 2, www.kallionsavel.fi Rytmi, Toinen linja 2, www.rytmi.net Café Talo, Hämeentie 2, www.cafetalo.fi

FISH PUBS

Despite their name, Helsinki's "fish pubs" do not serve seafood. They are simply named after different fish. Punavuoren Ahven is named after perch,

Hilpeä Hauki in Sörnäinen is named after pike, Vastarannan Kiiski in Etu-Töölö is named after ruffe, Janoinen Lohi in Taka-Töölö is named after salmon, and Kaunis Kampela in Lauttasaari is named after flounder. All of these pubs serve a comprehensive range of beers and ciders.

For more information, see www.delifox.fi/kalaravintolat.

50 Punavuoren Ahven,

Punavuorenkatu 12

Hilpeä Hauki, Vaasankatu 7

Vastarannan Kiiski, Runeberginkatu 26

Janoinen Lohi, Linnankoskenkatu 12

4 Kaunis Kampela, Lauttasaarentie 10

PARTY CRUISES



NRJ@ Sea party cruises. What better way to start your night out than by dancing through the archipelago! This four-hour party cruise aboard a specially adapted Sun Lines vessel is the perfect way to spend a summer evening to music played by guest DJs and artists. www.stromma.fi

COCKTAIL BARS

A fantastic evening deserves a fantastic start, for which reason Helsinki has numerous cocktail bars to choose from. The bottles and glasses are kept spinning in Shaker, Sling In serves over 900 different drinks, and A21 Cocktail has been called the best bar in the world!

Shaker, Fredrikinkatu 65, www.shaker.fi

Sling In, Mikonkatu 8, 2. krs., www.slingin.fi

A21 Cokctail Lounge,
Annankatu 21, www.a21.fi

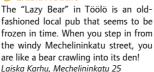
MAMU

This diverse restaurant directly opposite the Central Railway Station is a great place for eating, drinking and dancing. The interior is inviting and the views extremely urban.

Kaivokatu 6, 3rd floor, www.namu.fi



10 Laiska Karhu



M KALLIO BARS

The Kallio district is home to many small bars that serve cheap bear amidst an authentic local atmosphere. Stroll along Porthaninkatu street, which begins at Hakaniemi Market by the round house. You can sing karaoke in the restaurant Oiva, get to know lo-

cal rock musicians in the Beaver Bar, or relax in the friendly Pub Porthan. You can continue your pub crawl along Fleminginkatu and Helsinginkatu. The number 3B and 9 trams will get you there and back in one piece. Most of the restaurants in the neighbourhood close already at 2am.

Oiva, Porthaninkatu 5, www.kantri.fi/oivahelsinki
Beaver Bar, Porthaninkatu 9, www.facebook.com/majavabaari
Pub Porthan, Porthaninkatu 10



© Erottaja Bar

The trendiest karaoke bar in Helsinki. Providing amazing karaoke experiences. The new section of the bar has karaoke until 4am! The Night bar has karaoke 8pm-1:30am and 1:30-4am disco!

Erottajankatu 15-17, (09) 611 196 karaokebar.net/erottaja. Mon-Sat 3pm-4am, Sun 8pm-4am.



24:00-04:00 NIGHTCLUBS

5 ISO ROOBERTINKATU

"Iso Roba" is a pedestrian street that is packed with bars and restaurants. You could spend an entire day here going from one cool establishment to the next. There is also a convenient taxi stand nearby!

LIVE MUSIC

You can eniov live music in Helsinki just about every night of the week. Gigs usually begin between 9pm and midnight. Tavastia is the most legendary rock club in Finland, but you can also catch great bands at Nosturi, Bar Loose, On The Rocks, Virgin Oil Co., Club Liberte and Molly Malone's.

- Tavastia and Semifinal, Urho Kekkosen katu 4-6, www.tavastiaklubi.fi
- Nosturi, Telakkatu 8, www.elmu.fi Bar Loose, Annankatu 21, www.barloose.com
- 59 On The Rocks, Mikonkatu 15, www.ontherocks.fi
- Virgin Oil Co., Mannerheimintie 5, www.virainoil.fi
- 6 Liberte, Kolmas linja 34, www.clubliberte.fi
- Molly Malone's, Kaisaniemenkatu 1 c www.mollymalones.fi

KAFE MOSKOVA

According to urban legend, Finnish film director Aki Kaurismäki opened the most uncomfortable restaurant in town where no one would want to visit so that he could eat and drink in peace! This was not to be, however,

and today Kafe Moskova is a popular hangout. In the same complex you will find the Corona Bar and the Dubrovnik Lounge & Lobby, the latter a converted cinema.

Eerikinkatu 11. www.andorra.fi

See and be seen! Conveniently situated at one end of Esplanade Park. and connected on the other side to the Swedish Theatre (Svenska Teatern). Teatteri attracts the most stylish partygoers in town, from models to local celebrities. In summertime you can relax upstairs on the outside terrace, or you can party hard indoors at the coolest niahtclub in Helsinki.

Pohjoisesplanadi 2, www.royalravintolat.com/teatteri

T CASINO HELSINKI

Spend a fancy and exciting night out at the casino! In addition to traditional gaming, Casino Helsinki also offers a wide range of entertainment. Listen to live music, enjoy show and dinner evenings, and take in a musical. Casino Helsinki is also the only casino in the world where all proceeds go to charity. Remember to take with your passport or Schengen ID. Mikonkatu 19,

www.casinohelsinki.fi

45 TIGER

One of the city's finest nightclubs is The Tiger on the roof of Kamppi Shopping Centre. The views over the city at night are fantastic, and all the local celebrities hang out here. Urho Kekkosenkatu 1 a, www.thetiger.fi

⚠ CIRCUS

Another popular nightclub can be found next to Kamppi Shopping Centre. The Circus covers 2000 square metres and also hosts international artists. Salomonkatu 1-3. www.thecircus.fi

CAFÉ MASCOT

The biggest names in Finnish rhythm music perform at the Café Mascot. The price of admission is very affordable, and during Helsinki Poetry Slam evenings anyone can get up on the stage and recite their poetry. If you are too shy to perform or can't stand the music, you can always go upstairs to play billiards!

Neljäs linja 2, www.soffa.tv/juise/mascot

JAM SESSIONS

Many restaurants host jam sessions when professional and amateur musicians can get into the groove. The stage is free, and often the most remarkable performances can be heard from nobodies to celebrities alike. Bar Mendocino on Eerikinkatu hosts Mendo Monday Open Mic evenings, at Club Liberte the house band is happy to back you up on Sunday evenings, and Perinnearkku Ry hosts folk music jams throughout the city.

- Bar Mendocino, Eerikinkatu 28, www.barmendocino.com
- Club Liberte, Kolmas Linja 34, www.clubliberte.fi Perinnearkku folk music iam sessions. www.perinnearkku.net

SPEND THE EVENING OUTDOORS

A cheap, alternative and fun way to spend the evening is to stay outdoors - although this is only recommended in summertime! Bring with something to eat and drink, gather your friends together and enjoy the Helsinki night in a park, on a rug washing pier or on the beach at Hietsu. The city's parks and beaches are also perfect hangouts in the daytime too. Just remember to always clean up your litter when you leave! Rug washing piers: www.hel.fi Parks: www.visithelsinki.fi

👔 Hietsu (Hietaranta) Beach, Bus 55 A

24:00-04:00 NIGHTCLUBS

KARAOKE

Finns love to sing karaoke. Pataässä is the most popular karaoke restaurant in town, with singing every day of the week and as early as 9am on weekends! Probably the most bizarre place to sing karaoke in Helsinki is Restroom, a converted public toilet that attracts karaoke fans from all over town. You can also order a karaoke taxi and drive around town singing! Other popular karaoke venues include Anna K, Satumaa, Erottaja Night and Yökyöpeli.

- Pataässä, Snellmaninkatu 13,
 Restroom, Tehtaankatu 23A,
- Anna K, Annankatu 23,
- Erottaja Bar, Erottajankatu 5-7,
 Yökyöpeli, Fabianinkatu 17,

- 🐽 Jone's, Kaisaniemenkatu 13,
- Populus, Aleksis Kiven katu 22, www.karaokebar.net
- Satumaa, Arkadiankatu 2, www.karaoke.fi/satumaa Singstartaxi, www.singstartaxi.fi



REGGAE SUNDAYS

End the week at the restaurant Bassment enjoying the laid back reggae every Sunday, including the city's best DJs and performers. Pohjoinen Rautatienkatu 21,

www.bassment.fi POPKELLARI

This unique nightclub has an ice bar, karaoke bar, poker bar and haggling bar, where you can haggle the price of each drink! The establishment also has a fortune teller and hotdog kiosk! Yliopistonkatu 5, www.popkellari.fi

№ König

Between the main shopping street Aleksanterinkatu and the Esplanade is a tiny alley, Wanha Kauppakuja. For years known among locals as the "grandma tunnel", it is now referred to as the "puma outlet". The nickname refers to the restaurants and bars in the alley, which cater to a more mature clientele. There are five restaurants altogether, including König. In addition the König Bar, you should check out the dancing in the König Club. In summertime König has a lively terrace shared with the other restaurants

in the alley.

Mikonkatu 4,

www.rafla.fi/koniq



The most famous karaoke bar in Finland, thousands of songs in different languages and sports lounge.

Snellmaninkatu 13, (09)626 076, karaokebar.net/pataassa. Mon-Thu 5pm-3am, Fri 3pm-3am, Sat-Su 9am-3am.

Nearby is Kolme Kruunua, Liisankatu 5, serving traditional Finnish food.

BAARIKÄRPÄNEN

Baarikärpänen was opened in 2001 and it's still having a good time. The clientele at the "Barfly" is young and lively, but there is no upper age limit. Mikonkatu 15, www.baarikarpanen.fi

5 Pub Magneetti

In Vallila, across the main Mäkelänkatu road that divides the wooden houses from the stone buildings, you will find Pub Magneetti, which has become a favourite hangout among young bohemians and urban hippies.

Pub Magneetti, Mäkelänkatu 20 b





04:00-08:00 EARLY MORNING

GRILL KIOSKS

After a night out on the town, order a delicious meat pie with two sausages and all the toppings. Helsinki's legendary grill kiosks include Tuomasgrilli on Iso Roobertinkatu, Jaskan grilli on Dagmarinkatu opposite the restaurant Manala, and Harrin Nakki in Karhupuisto Park in the Kallio district. Vegetarians head to Vegemesta, which serves healthy vegetarian burgers, such as the popular hempburger.

- 74 Tuomas-grilli, Iso Roobertinkatu 9 🟂 Jaskan grilli, Dagmarinkatu 2
- 76 Harrin Nakki, Agricolankatu 11 77 Vegemesta, Pieni Roobertinkatu 2-4

If you want to do your Ashtanga yoga

exercises while on holiday in Helsinki,

the Astanga yoga school on Annan-

katu offers Mysore exercises beginning

at 6am. Check their website for exact

times. You do not have to register in

advance, and you can pay in cash.

Mysore exercises are meant for people

experienced in yoga, but the school

also offers lessons for beginners.

Annankatu 29 B, www.astanga.fi

🖚 and Vaasankatu 6

NAMASTE!

BREAKFAST PARTIES

Restaurants in Finland must close up at 4am, but if your feet are still dancing. hang around until 5am for the breakfast parties where you can dance until midday! Breakfast parties are organised at Club Playground and Kuudes Linja.

- Club Playground, Iso Roobertinkatu 10, clubplayground.fi
- 80 Kuudes Linja, Hämeentie 13, www.kuudenslinja.com

Costo

When the time comes to go to sleep, you may find yourself thinking about the funny bobble hats you saw people wearing earlier in the day. These Costo



hats are made to order out of recycled materials and are very popular right now. Before you fall asleep, surf online to the Costo online shop and order a tailor-made souvenir that will be waiting for you when you get home. www.costo.fi

MORNING AT THE SPA

Helsinki Day Spa and Elegia Day Spa open their doors already at 8am. Helsinki Day Spa offers a unique milieu in which to relax the entire day or to prepare for an important meeting with a Fix and Go facial, for example. Elegia Day Spa offers such specialties as a warm chocolate massage and ricewasabi scrub.

- 50 Helsinki Day Spa, Erottaja 4, www.dayspa.fi
- Elegia Day Spa, Fredrikinkatu 20, www.elegiadayspa.fi

BROOKLYN CAFÉ

For a slice of New York in Helsinki. head for Punavuori where the Brooklyn Café opens its doors at 6:30am and serves bagels, lattes, smoothies and brownies. The café is run by two sisters from Brooklyn, of course! Fredrikinkatu 19

The quiet hours of the morning are the perfect time to surf the internet and plan the day ahead. A comprehensive event calendar can be found on the Tourist Information website. For the trendiest shops and restaurants, go to the We Are Helsinki website. You can also download the World Design Capital 2012 application to your phone and find out what the design capital has to offer today.

www.visithelsinki.fi www.wearehelsinki.fi www.wdchelsinki2012.fi

TRAMS 3T AND 3B

An inexpensive and convenient way to see the city is to catch the trams 3T or 3B, also in the early hours of the morning. The first tram of the day departs at 6am. Many of Helsinki's main sights and attractions lie along the route. Admire the sunrise, which takes place in summertime as early as 3am-4am. In wintertime you will have to wait until after 9am to see the first rays of light. Exact times of the sunrise in Helsinki can be found on the website of the Finnish Meteorological Institute: www.fmi.fi For more information about public transportation, see www.hsl.fi

START YOUR DAY WITH A SWIM

Helsinki has several impressive swimming halls where you can swim from as early as 7am, including Yriönkatu Swimming Hall, a work of art in itself, Mäkelänrinne Swimming Hall and the Swimming Stadium, which is open from May to the end of September. www.hel.fi/liv, www.urheiluhallit.fi/ makelanrinne.html

- Yrjönkatu swimming hall, Yrjönkatu 21
 - Mäkelänrinne swimming hall, Mäkelänkatu 49
- Swimmina stadium. Hammarskiöldintie 3





What is the Best of Helsinki? Vote for a chance to win a Key to the City! www.bestofhelsinki.fi



HELSINKI



City of Helsinki

Tourist & Convention Bureau

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Tourist Information is open:

15.5.-14.9. Mon-Fri 9am-8pm, Sat-Sun 9am-6pm 15.9.-14.5. Mon-Fri 9am-6pm, Sat-Sun 10am-4pm

www.visithelsinki.fi

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